User Manual – How to Wear and Wash Dignity4you products:

- 1. Fitting:
 - **a.** PLEASE MAKE SURE THAT THE SILK LABEL IS ON THE OUTSIDE WHEN YOU WEAR THE GARMENT: This will ensure that the cotton pad is close to the body and the waterproof layer is away from the body to trap the liquid and prevent it from spilling.
 - **b.** These undergarments- such as the briefs, panties and pull-on waterproofs can be used like ordinary underwear and can be pulled up and down as needed.
 - **c.** WARNING: If the garment is worn the wrong way around the cotton pad cannot absorb the liquid as it is blocked of by the waterproof layer.
 - **d.** The Boosterpad is placed inside the brief or panty in a comfortable position according to need.
 - e. The press stud waterproof is for bedridden patients and needs to be placed into position by a caregiver and the studs need to be secured on the outside of the garment.
 - **f.** The flannelette nappy is used in a similar fashion. The nappy must be worn with the press-stud waterproof OR the pull-on waterproof. (Optional extra: a large booster pad can worn with the flannelette and waterproof for extra absorption)
- 2. Fit:
 - **a.** The Underwear if bought in the correct size according to the size charts provided will be snug and comfortable and the cotton fabric is breathable, and the waterproof ensures minimal leakage. All material is skin friendly.

3. Removal:

a. To change and or remove the underwear is very easy and can be removed by pulling them down as you do ordinary underwear. The garment for bedridden patients will need assistance to remove the garments.

4. Washing after wearing/usage

- a. THE LADIES' INCONTINENCE PANTY; MEN'S INCONTINENCE BRIEFS; FLANNELETTE NAPPY AND COTTON BOOSTER PAD CAN BE WASHED IN A NORMAL WASHING MACHINE AT 40 deg C AND CAN ONLY BE TUMBLE DRIED AT LOW HEAT.
- **b.** (Optional: The flannelette nappy and booster pad can be dried at a higher temperature tumble dryer)
- c. THE WATERPROOF DRAWSHEET, PULL ON AND PRESS-STUD WATERPROOFS CAN BE WASHED IN A NORMAL WASHING MACHINE AT 40 deg C AND DO NOT TUMBLEDRY.

- d. All garments should preferably be hung out to airdry as this will increase the lifespan of the waterproof layer. Be aware that it takes 4 to 6 hours to airdry because of the thickness of the cotton absorption pad.
- e. All garments handwash easily.

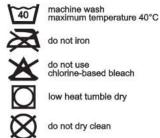
Symbols: Safety Information:



machine wash maximum temperature 40 C do not iron do not use chlorine-based bleach do not tumble dry do not dry clean

For:

- 1. Waterproof Drawsheet
- 2. Pull-on waterproofs
- 3. Press -stud waterproof



do not iron

do not use chlorine-based bleach

low heat tumble dry

do not dry clean

For:

- 1. Ladies' incontinence panty
- 2. Men's incontinence briefs
- 3. Flannelette Nappy
- 4. Cotton Booster pad

These symbol indicates important safety-related information.

Additional Information:



S- Small

M- Medium

L- Large

XL-Extra large

2XL- Extra extra large

3XL- 3 times large

4XL- 4 times large

These symbol indicates supplementary information.

Version: 1.1

Date: 31 July 2021

Manufactured in South Africa, Distributed from Jeffreys Bay ZA and Ede, NL.

Email: admin@dignity4you.nl and admin@dignity4you.com

Website: www.dignity4you.nl and www.dignity4you.com

Dignity4you Ladies' incontinence Panty, Men's incontinence brief, adult flannelette nappy, Cotton Boosterpad, Pull-on waterproof, Press stud waterproof and waterproof drawsheet are all class 1 medical device in accordance with 93/42/EEC (for MDD) // Regulation (EU) 2017/745 (for MDR).

Product Description as per ISO 13485 documentation- QMS documents

Intended Medical Indication as per ISO 13485 documentation- QMS documents